

Victoria M. Wood, M.P.H., R.D.

CERTIFIED NUTRITION SPECIALIST

(301) 270-4244

victoriawoodnutrition.com

7105 Sycamore Ave.
Takoma Park, MD 20912

2311 M. St. NW. Ste. 401
Washington, DC 20037

DIRECTIONS TO DC OFFICE

2311 M St. NW, Suite 401
Washington, DC 20037

M St. NW between 23rd and 24th St.

Please note: Because this is also a condo building, there are usually **1-2 dogs in the office suite. They DO NOT go into Victoria's office or the waiting room.**

Metro:

The office is accessible by metro. We are about a 10 minute walk north from Foggy Bottom station on the Orange and Blue lines, as well as a 15 minute walk south from the Dupont Circle station (Use the South entrance on 19th St.) on the Red line.

*Parking: **Please allow extra time (10-20 min) to find parking***

Street parking is limited, all meters accept quarters and some accept credit cards. Garage parking is available. You can use this link to find garage locations and fees in the area:

http://washingtondc.bestparking.com/?ParkingType=daily&VehicleType=Regular&ParkingMode=Lots&zoom=16&lat=38.903725&lng=-77.05066&address=Downtown&location_area=neighborhood_map

Handicapped Parking & Accessibility:

There are handicapped parking spaces on M St. on the corner of M St. & 23rd St. This is a half-block walk to the entrance of the building. Once you enter the lobby, there is a short flight of stairs (6 steps) to the elevators. There is also a wheelchair lift to the left of the stairs.

Building is dark grey, across the street from the restaurant *Boveda*. The address is in large Roman numerals. When you enter the lobby, go up the stairs and elevators are on the right. Suite 401 is to the right once you exit the elevator on the 4th floor.

When you enter Suite 401, please sign in on the blue clipboard at the far right end (when facing desk) of the reception desk and take a seat in the waiting area.